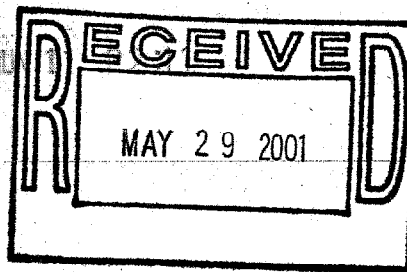


# Carlson®

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May 15, 2001

Office of Special Nutritional (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington, D.C. 20204

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of a statement of nutritional support in the labeling of Carlson L-Glutamine Pure Crystalline Amino Acid Powder and L-Glutamine Capsules. Carlson Division of J. R. Carlson Laboratories, Inc., Arlington Heights, Illinois 60004, is the distributor of Carlson L-Glutamine Pure Crystalline Amino Acid Powder and L-Glutamine Capsules.

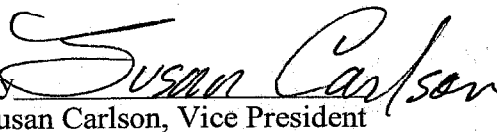
Statement being made in the labeling of the above mentioned Carlson products:

"Glutamine is an amino acid that can readily pass through the blood-brain barrier and be used by the brain as fuel.

Each capsule contains L-Glutamine, an amino acid. Amino acids are the building blocks of protein."

To the best of my knowledge, and based upon information and belief present at the time of the executing of the notice, I certify that the above information is accurate and complete; and the J.R. Carlson Laboratories, Inc. possesses substantiation that the statements are truthful and not misleading.

J.R. Carlson Laboratories, Inc.

By   
Susan Carlson, Vice President

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